IMPORTANT: To be completed before you start the Ride and Stride on 12th September 2009.

Your Name, Address & Telephone	*please tick* ❑ if walking ❑ if also raising money on-line Name of team (if applicable)
Please return this form and all monies other than on-line sponsorship by 6th October 2009 to:-	Name of Church or Chapel you wish to receive half your sponsorship money:

PLACES OF WORSHIP VISITED

To be completed by an official at each Place of Worship visited

CHURCH/CHAPEL	Time	Initials	CHURCH/CHAPEL	Time	Initials
			TOTAL VISITED		

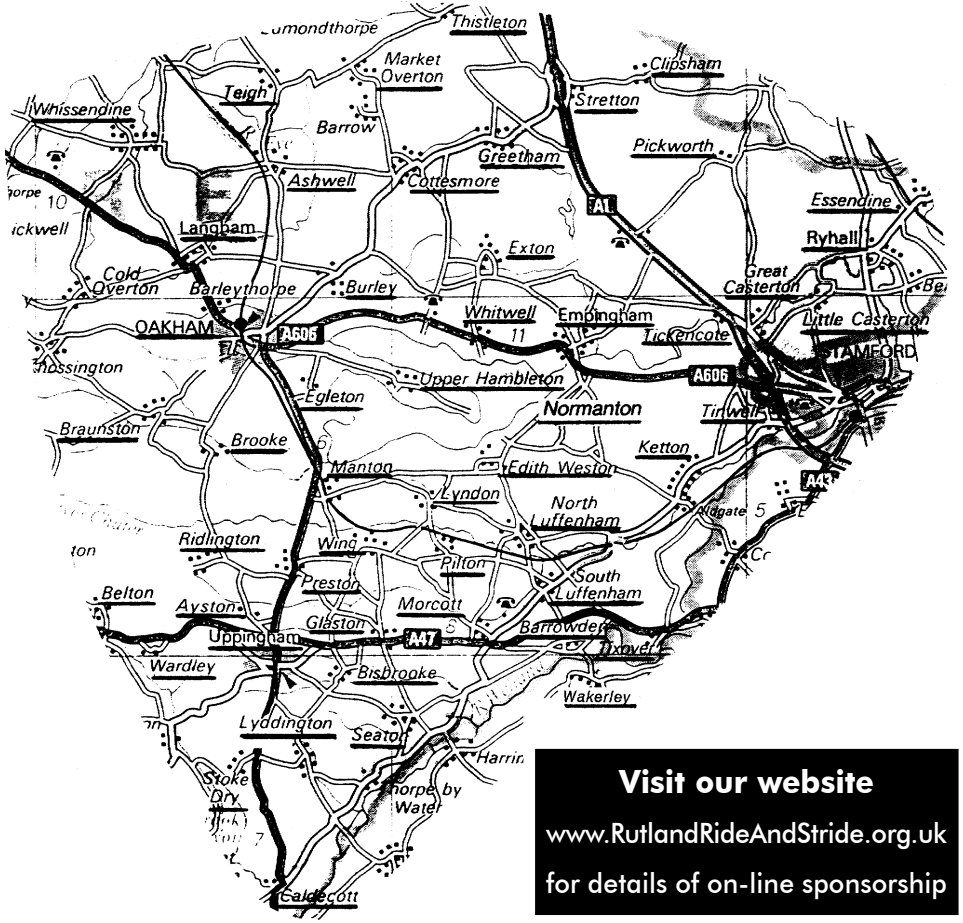
If you run out of space here or overleaf, please use another form

Sponsored Ride and Stride:
Administrator: Richard Adams, 35 Trent Road, Oakham, Rutland, LE15 6HE (Tel: 01572 756706)

RUTLAND HISTORIC CHURCHES PRESERVATION TRUST

(Registered Charity No. 211068)

RIDE and STRIDE



Visit our website
www.RutlandRideAndStride.org.uk
for details of on-line sponsorship

Saturday 12th September 2009

10.00am - 6.00pm

CYCLE OR WALK AROUND RUTLAND TO RAISE MONEY FOR THE CHURCH OR CHAPEL OF YOUR CHOICE AND FOR THE RUTLAND HISTORIC CHURCHES PRESERVATION TRUST

ASHWELL
St Mary's Parish Church
AYSTON
St Mary's Parish Church
BARROWDEN
St Peter's Parish Church
BELTON IN RUTLAND
St Peter's Parish Church
BISBROOKE
St John the Baptist Church
BRAUNSTON
All Saints Parish Church
BROOKE
St Peter's Parish Church
BURLEY
Burley Parish Church
CALDECOTT
St John's Parish Church
CLIPSHAM
St Mary's Parish Church
COTTESMORE
St Nicholas Parish Church
RAF Cottesmore
EDITH WESTON
St Mary's Parish Church
EGLETON
St Edmunds Parish Church
EMPINGHAM
St Peter's Parish Church
Methodist Church
ESSENDINE
St Mary's Parish Church
EXTON
St Peter & St Paul
GLASTON
St Andrews Parish Church
GREAT CASTERTON
St Peter & St Paul Church

LITTLE CASTERTON
All Saints Parish Church
GREETHAM
St Mary's Parish Church
HAMBLETON
St Andrews Parish Church
KETTON
St Mary's Parish Church
Ketton Methodist Church
LANGHAM
St Peter & St Paul
Langham Baptist Church
NORTH LUFFENHAM
St John Baptist
SOUTH LUFFENHAM
St Mary's Parish Church
LYDDINGTON
St Andrews Parish Church
LYNDON
St Martin's Parish Church
MANTON
St Mary's Parish Church
MARKET OVERTON
St Peter & St Paul
MORCOTT
St Mary's Parish Church
NORMANTON
Parish Church (Museum)
OAKHAM
All Saints Parish Church
Hospital of St John & St Anne
St Joseph's RC Church
Oakham Congregational Ch.
Oakham Baptist Church
Oakham School Chapel
Oakham Methodist
Friends Meeting House
PICKWORTH
All Saints Parish Church

PILTON
St Nicholas Parish Church
PRESTON
St Peter & St Paul
RIDLINGTON
St Mary Magdalen &
St Andrew
RYHALL
St John the Evangelist
Methodist Church
SEATON
All Hallows Parish Church
STOKE DRY
St Andrews Parish Church
STRETTON
St Nicholas Parish Church
TEIGH
Holy Trinity Parish Church
THISTLETON
St Nicholas Parish Church
TICKENCOTE
St Peter's Parish Church
TINWELL
All Saints Parish Church
TIXOVER
St Lukes Parish Church
UPPINGHAM
St Peter & St Paul
Upp. Methodist Church
Upp. School Chapel
WARDLEY
St Botolph Parish Church
WHISSENDINE
St Andrews Parish Church
WHITWELL
St Michael & All Angels
WING
St Peter & St Paul

THE SPONSORED RIDE and STRIDE: Cyclists and walkers of all ages and denominations are invited to seek sponsors who will undertake to pay an agreed sum of money for each place of worship visited on Saturday 12th September 2009 (10am - 6pm). Some 64 places of worship will be open for participants in Rutland together with churches in adjoining counties.

INFORMATION FOR SPONSORS: Thank you for agreeing to sponsor a cyclist or walker. The money you pay will be divided equally between the Rutland Historic Churches Preservation Trust and the Christian place of worship chosen by the participant.

INSTRUCTIONS TO PARTICIPANTS: Please complete the back of this form before commencing the Ride and Stride. If you are not starting from your own place of worship, please make sure the local organiser knows you are taking part. After the ride, please collect your sponsorship money and hand it to your local organiser before 6th October 2009. Cheques should be made payable please to the Rutland Historic Churches Preservation Trust. Those taking part may be taken by car to their first church and picked up again at the last. Weddings may be taking place at some churches, thus walkers and cyclists are asked to look out for directions to 'check in' points.

SAFETY: IT IS A CONDITION OF ENTRY THAT, SAVE TO THE EXTENT REQUIRED BY LAW, THE TRUSTEES OF THE RUTLAND HISTORIC CHURCHES PRESERVATION TRUST ACCEPT NO LIABILITY IN RESPECT OF DEATH OR INJURY SUSTAINED BY ANY PARTICIPANT IN THE SPONSORED RIDE and STRIDE. Police advise all cyclists to ride in single file and not in large groups. Please study the cycling section of the Highway Code and ensure that your cycle is roadworthy. Please wear the official cycle ride sticker which can be obtained from your starting place of worship. If you can plan your route with left handed turns, so much the better.

Note to Sponsors: If you are a UK tax payer and would like us to reclaim tax on your donation, please tick box **(2)** and ensure that your Postcode is shown in box **(1)**. This allows the Trust to claim 28p for every pound given. Thank you.

Please complete in BLOCK CAPITALS

Name	Address	Postcode (1)	Sponsorship £	Please reclaim the tax on my gift (2)	Signature	Date

ON-LINE SPONSORSHIP *www.RutlandRideAndStride.org.uk* or *www.justgiving.com/rhcpt/raisemoney*